



NO higher than 15% for skin type IV

NO higher than 10% for skin type V

Go-To Protocol for Pigment – FACE

1470 non ablative	2940 ablative
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Depth (um)	Depth (um)
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300-325	20
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Density (%)	Density (%)
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20-25%	@max
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Go-To for Texture, Fine lines and Pores

1470 non ablative	2940 ablative
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Depth (um)	Depth (um)
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400	20
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Density (%)	Density (%)
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25-30%	@max
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Melasma – For Fitz IV and V always 1470 @ 400 (never 325)

1470 non ablative	2940 ablative
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Depth (um)	Depth (um)
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Epidermal or Dermal Melasma?

325 (epidermal) or 400 (dermal)	20
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Density (%)	Density (%)
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10%	@max
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Treat in the fall and winter

Deep Wrinkles – Perioral AREA ONLY

1470 non ablative	2940 ablative
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Depth (um)	Depth (um)
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400-500	50-100
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Density (%)	Density (%)
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20% - 40%	20% - 50%
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NO higher than 15% for skin type IV

NO higher than 10% for skin type V

Acne Scaring

1470 non ablative	2940 ablative
Depth (um)	Depth (um)
400-500	50-80
Density (%)	Density (%)
20-40%	20%

Go-To Protocol for Pigment on the Neck and Chest.

1470 non ablative	2940 ablative
Depth (um)	Depth (um)
300-325	20
Density (%)	Density (%)
15-20%	@max

Go-To for Texture and Fine lines on the Neck and Chest

1470 non ablative	2940 ablative
Depth (um)	Depth (um)
400	20
Density (%)	Density (%)
20-25%	@max

For older patients, or patients that swell- choose the lower density

Poikiloderma

1470 non ablative	2940 ablative
Depth (um)	Depth (um)
250-300	20
Density (%)	Density (%)
20-25%	@max



Body Halo – BELOW CHEST

1470 non ablative	2940 ablative
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Depth (um)	Depth (um)
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400-550	20-40
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Density (%)	Density (%)
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20-30%	@max
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Body Scars

1470 non ablative	2940 ablative
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Depth (um)	Depth (um)
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400-500	20-60
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Density (%)	Density (%)
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20-25%	@max
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Scars- Settings vary based on location and type of scar. Start with conservative settings and add density and depth as you gain experience

Notes:

- 1) For skin types IV, V, VI, pre-treat with a 4% hydroquinone topical once per day 2 wks prior to tx and 2 wks post tx
- 2) For skin types IV keep density at 15% or less for both non ablative and ablative
- 3) For skin types V keep density at 10% or less for both non ablative and ablative
- 4) Prednisone available for swelling
- 5) Benadryl 1 hour before treatment for swelling
- 6) No retinols 5 days post tx. Can resume retinols 5 days after treatment
- 7) As a general rule of thumb, space treatments out 4-6 wks
- 8) **Keep your speed with the speed of the light. Stay out of the red!**
- 9) **Be mindful of the area where 2 zones meet (example: the middle of the neck and chest). Make sure not to double the density on accident**
- 10) **When in doubt do the lower density**

Dr. Robb's Acne Flare Post Halo Tips:

1. Halo acne flares seem to occur in about 5%
2. More likely to flare if: perioral dermatitis, acne on jawline, history of acne
3. Prophylaxis: doxycycline 100 mg po bid a week before and a month after
4. BBL if post flare